

HAMPTON UNIVERSITY GERONTOLOGY CENTER OF EXCELLENCE

Advancing innovative transdisciplinary approaches to aging and wellness through research and education with a focus on older adult minorities



POPULATION¹



OLDER ADULTS LIVING
WITH CHRONIC DISEASE²



VIRGINIA'S GERIATRIC
WORKFORCE³

The Hampton University Gerontology Center promotes pathways to healthy aging in four key ways:



SUPPORTING THE
WORKFORCE



FOSTERING
PARTNERSHIP



MENTORING AND
SUPPORTING
STUDENTS



COLLABORATING
AND PROMOTING
RESEARCH

1. US Census Bureau. (2018). Older People Projected to Outnumber Children. 2. National Council on Aging. Healthy Aging Facts. 3. Virginia Department of Health Professions Healthcare Workforce Data Center 2018; retrieved from: www.dhp.virginia.gov/hwdc/findings.htm

CENTER GOAL

Mission: serve as a comprehensive resource center for older adults and their families through education, outreach, training, research and service.

Vision: the Center will identify and address relevant aging issues applicable to older minority populations, and increase the capacity for older adults to lead independent, healthy and functional lives while remaining productive members of their community.



Gerontology Center Community Advisory Council



BUILDING COMMUNITY PARTNERSHIPS

- The center will support and promote community activities and events that advocate for healthy aging, age-friendly communities and quality health care systems for older adults. (i.e. AARP, Peninsula Agency on Aging, Program All-Inclusive Care for Elderly (PACE), Alzheimer's Association)
- Faculty and clinical researchers affiliated with the Center will engage residents in local retirement communities on healthy aging optics ranging from nutrition, sleep and caregiving.
- Faculty affiliated with the center will engage local, regional and national platforms to offer insight for publications, and serve as consultant for local print and broadcast media, plus social media venues
- Engage middle/high school and undergraduate/graduate students collaborate with community organizations on aging-related projects.

Gerontology Center's Pillars of Excellence:

Gerontology Focused Undergraduate & Graduate Education.

These programs will meet the needs of those who may want additional training (i.e. Nursing Home caretakers) and it also will help meet the demand for geriatric health professionals who have advanced training in gerontology and geriatrics, this program would be open to applicants from a variety of health related disciplines. Initial funding is needed to hire the program director to develop the core program. 1.) undergraduate minor in gerontology, 2.) gerontology post master certificate for nurse practitioners and 3.) gerontology advanced certificate program.

Clinical research program with focus on community-participatory and community-engaged research

The Center will link scientists, clinicians, behavioral scientists, and community health organizations with existing research facilities, instrumentation, expertise and tools needed to solve pressing social and health issues among minority elders.

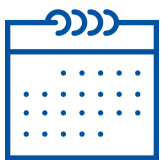
Community Education & Outreach Programs

The Center, in collaboration with the Schools of Nursing, Pharmacy and Physical Therapy, will offer self-care program for older adults, families and caregivers. These programs will be facilitated by undergraduate and graduate students and supervised by faculty.

Support Group for Caregivers of Clients with Dementia/Alzheimer's

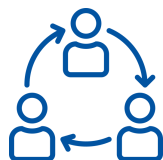
This area will support funding to support mental health care provider to lead the group and funding to provide respite care to allow caregivers to attend the support group.

HOW TO GET INVOLVED



COMMUNITY EDUCATION

Forums on Healthy Aging Topics



COLLABORATE WITH THE CENTER

if you are part of a community organization



SUPPORT BY GIVING A GIFT

and help the advancement of healthy aging research



LEARN MORE

 facebook.com/HamptonUniversityGerontology

 hamptonu.edu/academics/schools/nursing/gerontology.com

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