The Hampton University Gerontology Center promotes pathways to healthy aging in four key ways:

- **SUPPORTING THE WORKFORCE**
- **FOSTERING PARTNERSHIP**
- **MENTORING AND SUPPORTING STUDENTS**
- **COLLABORATING AND PROMOTING RESEARCH**

**CENTER GOAL**

**Mission:** serve as a comprehensive resource center for older adults and their families through education, outreach, training, research and service.

**Vision:** the Center will identify and address relevant aging issues applicable to older minority populations, and increase the capacity for older adults to lead independent, healthy and functional lives while remaining productive members of their community.

---

**BUILDING COMMUNITY PARTNERSHIPS**

- The center will support and promote community activities and events that advocate for healthy aging, age-friendly communities and quality health care systems for older adults. (i.e. AARP, Peninsula Agency on Aging, Program All-Inclusive Care for Elderly (PACE), Alzheimer’s Association)
- Faculty and clinical researchers affiliated with the Center will engage residents in local retirement communities on healthy aging optics ranging from nutrition, sleep and caregiving.
- Faculty affiliated with the center will engage local, regional and national platforms to offer insight for publications, and serve as consultant for local print and broadcast media, plus social media venues
- Engage middle/high school and undergraduate/graduate students collaborate with community organizations on aging-related projects.

---

**Gerontology Center’s Pillars of Excellence:**

**Gerontology Focused Undergraduate & Graduate Education.** These programs will meet the needs of those who may want additional training (i.e. Nursing Home caretakers) and it also will help meet the demand for geriatric health professionals who have advanced training in gerontology and geriatrics, this program would be open to applicants from a variety of health related disciplines. Initial funding is needed to hire the program director to develop the core program. 1.) undergraduate minor in gerontology, 2.) gerontology post master certificate for nurse practitioners and 3.) gerontology advanced certificate program.

**Clinical research program with focus on community-participatory and community-engaged research**
The Center will link scientists, clinicians, behavioral scientists, and community health organizations with existing research facilities, instrumentation, expertise and tools needed to solve pressing social and health issues among minority elders.

**Community Education & Outreach Programs**
The Center, in collaboration with the Schools of Nursing, Pharmacy and Physical Therapy, will offer self-care program for older adults, families and caregivers. These programs will be facilitated by undergraduate and graduate students and supervised by faculty.

**Support Group for Caregivers of Clients with Dementia/Alzheimer’s**
This area will support funding to support mental health care provider to lead the group and funding to provide respite care to allow caregivers to attend the support group.

---

**HOW TO GET INVOLVED**

**COMMUNITY EDUCATION**
Forums on Healthy Aging Topics

**COLLABORATE WITH THE CENTER**
if you are part of a community organization

**SUPPORT BY GIVING A GIFT**
and help the advancement of healthy aging research

---

**LEARN MORE**
[facebook.com/Hampton University Gerontology](https://facebook.com/Hampton University Gerontology)
[hamptonu.edu/academics/schools/nursing/gerontology.com](https://hamptonu.edu/academics/schools/nursing/gerontology.com)
[Dr. Ethlyn Gibson, Director for Gerontology Center, Office: (757) 727-5657](mailto:agingctr@hamptonu.edu)